

# Newport Hospital

## Community Health Needs Assessment Implementation Strategy

### October 1, 2022 - September 30, 2025

As a result of the Community Health Needs Assessment (CHNA) prepared for Newport Hospital (NH) as of September 30, 2022, NH’s leadership team, executive management, and other individuals critical to the organizational planning process have created an implementation strategy detailing action item plans covering the period from October 1, 2022 through September 30, 2025 to address the significant needs identified in NH’s CHNA report. Based on the complex health issues in the community, NH has strategically planned ways to address these significant needs in order to maximize the improvement of the overall health and wellness of residents within its community. As discussed in the September 30, 2022 CHNA, available online at <https://www.lifespan.org/sites/default/files/2022-09/NH2022CommunityHealthNeedsAssessment.pdf>, NH identified the following issues as significant health needs currently facing its community:

1. Access to Primary Care and Specialty Services
2. Access to Mental and Behavioral Health Services
3. Outreach, Education and Navigation Assistance to Address Health and Social Services
4. Establish a Patient-Family Partnership
5. Healthy Aging

<b>Significant Health Need #1: Access to Primary Care and Specialty Services</b>			
<b>Actions Planned for Implementation</b>	<b>Resources Planned to Address Significant Health Need</b>	<b>Anticipated Impact on NH Community</b>	<b>Outside groups collaboration</b>
1.1 In partnership with Coastal Medical Physicians, Inc. (CMPI), establish a new primary care practice in Middletown.	<ul style="list-style-type: none"> <li>• Physician, nursing and professional staff support</li> <li>• Facility support</li> </ul>	<ul style="list-style-type: none"> <li>• Improve patient access to primary care services, patient experience and health outcomes</li> <li>• Reduced hospital length of stay</li> </ul>	<ul style="list-style-type: none"> <li>• CMPI</li> </ul>
1.2 Hire two new obstetricians/gynecologists in FY23-24.	<ul style="list-style-type: none"> <li>• Financial support</li> <li>• Professional staff support</li> <li>• Lifespan Physician Group</li> </ul>	<ul style="list-style-type: none"> <li>• Improve local patient access to maternity services</li> <li>• Reach a wider population of eligible patients, resulting in improved clinical and psychosocial outcomes and</li> </ul>	<ul style="list-style-type: none"> <li>• N/A</li> </ul>

		positive impact on morbidity and mortality <ul style="list-style-type: none"> <li>• Improved patient experience</li> <li>• Limited travel needed for patients</li> </ul>	
1.3 Continue to build midwifery program.	<ul style="list-style-type: none"> <li>• Financial support</li> <li>• Professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Improve local patient access to maternity services</li> <li>• Reach a wider population of eligible patients, resulting in improved clinical and psychosocial outcomes and positive impact on morbidity and mortality</li> <li>• Improved patient experience</li> <li>• Limited travel needed for patients</li> </ul>	<ul style="list-style-type: none"> <li>• N/A</li> </ul>
1.4 Increase access to neurosurgical, orthopedics/total joint program, and urology services.	<ul style="list-style-type: none"> <li>• Physician, nursing and professional staff support</li> <li>• Lifespan Physician Group</li> </ul>	<ul style="list-style-type: none"> <li>• Improve local patient access to high demand specialty services</li> <li>• Reach a wider population of eligible patients, resulting in improved clinical and psychosocial outcomes and positive impact on morbidity and mortality</li> <li>• Improved patient experience</li> <li>• Limited travel needed for patients</li> </ul>	<ul style="list-style-type: none"> <li>• N/A</li> </ul>
1.5 Procure new Ziehm C-ARM and Curve imaging technology to improve access to surgical procedures for neurological patients.	<ul style="list-style-type: none"> <li>• Financial support</li> <li>• Facility space</li> <li>• Professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Improve local patient access to high demand specialty services</li> <li>• Improved patient experience</li> <li>• Limited travel needed for patients</li> </ul>	<ul style="list-style-type: none"> <li>• N/A</li> </ul>
1.6 Explore a second CT scanner on the main campus to improve imaging access.	<ul style="list-style-type: none"> <li>• Financial support</li> <li>• Facility space</li> <li>• Professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Increased access to diagnostic imaging services</li> </ul>	<ul style="list-style-type: none"> <li>• N/A</li> </ul>

1.7 Implement tele-ICU model of care at NH to enhance management of critical care patients and minimize transfers off-island.	<ul style="list-style-type: none"> <li>• Financial support</li> <li>• Information Services staff support</li> <li>• Professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Improve local patient access to specialized care and expertise</li> <li>• Improved patient experience</li> <li>• Limited travel needed for patients</li> </ul>	<ul style="list-style-type: none"> <li>• N/A</li> </ul>
1.8 Explore the creation of a community-based therapeutic space for patient rehabilitation.	<ul style="list-style-type: none"> <li>• Financial support</li> <li>• Facility space</li> <li>• Professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Improved patient and family engagement</li> <li>• Improved patient outcomes</li> </ul>	<ul style="list-style-type: none"> <li>• Community host site</li> </ul>
1.9 Explore ambulance service to transport patients home and congregate care/rehab settings.	<ul style="list-style-type: none"> <li>• NH funding for transportation in annual department budgets</li> </ul>	<ul style="list-style-type: none"> <li>• Increased access to reliable/free transportation</li> <li>• Improved and timely transitions of care</li> <li>• Improved access to care for all patients from greater efficiency</li> </ul>	<ul style="list-style-type: none"> <li>• Ambulance companies contracted through NH</li> </ul>
<b>Significant Health Need #2: Access to Mental and Behavioral Health Services</b>			
<b>Actions Planned for Implementation</b>	<b>Resources Planned to Address Significant Health Need</b>	<b>Anticipated Impact on NH Community</b>	<b>Outside groups collaboration</b>
2.1 Expand collaboration with psychiatry across Lifespan to recruit new advanced practice providers.	<ul style="list-style-type: none"> <li>• Financial support</li> <li>• Facility space</li> <li>• Professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Increase local access to mental and behavioral health services</li> </ul>	<ul style="list-style-type: none"> <li>• N/A</li> </ul>
2.2 Explore addition of inpatient adolescent behavioral health service line at NH.	<ul style="list-style-type: none"> <li>• Financial support</li> <li>• Facility space</li> <li>• Professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Create local access to intensive mental and behavioral health services for adolescents</li> </ul>	<ul style="list-style-type: none"> <li>• Emma Pendleton Bradley Hospital</li> </ul>
2.3 Explore hybrid models of care such as a third track for the partial program.	<ul style="list-style-type: none"> <li>• Financial support</li> <li>• Facility space</li> <li>• Professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Increase local access to mental and behavioral health services</li> </ul>	<ul style="list-style-type: none"> <li>• Emma Pendleton Bradley Hospital</li> </ul>
2.4 Explore a hybrid model of care for adolescents.	<ul style="list-style-type: none"> <li>• Financial support</li> <li>• Facility space</li> <li>• Professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Increase local access to mental and behavioral health services</li> </ul>	<ul style="list-style-type: none"> <li>• Emma Pendleton Bradley Hospital</li> </ul>
2.5 Collaborate with Emma Pendleton Bradley Hospital to increase supports for adolescents.	<ul style="list-style-type: none"> <li>• Financial support</li> <li>• Facility space</li> <li>• Professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Reduced stigma associated with mental and behavioral health</li> <li>• Increased community support for navigation to mental and behavioral health services</li> </ul>	<ul style="list-style-type: none"> <li>• Emma Pendleton Bradley Hospital</li> <li>• Bradley Learning Exchange</li> <li>• Newport Mental Health</li> <li>• Child and Family</li> </ul>

		<ul style="list-style-type: none"> <li>• Provision of mental health services to children and parents without requiring in-person appointments</li> <li>• Early intervention for child mental health issues</li> <li>• Improved connection to resources</li> </ul>	<ul style="list-style-type: none"> <li>• Newport Prevention Coalition</li> <li>• Aquidneck Island school systems</li> </ul>
<b>Significant Health Need #3: Outreach, Education and Navigation Assistance to Address Health and Social Services</b>			
<b>Actions Planned for Implementation</b>	<b>Resources Planned to Address Significant Health Need</b>	<b>Anticipated Impact on NH Community</b>	<b>Outside groups collaboration</b>
3.1 Provide community-based education in response to requests from community partners.	<ul style="list-style-type: none"> <li>• NH staff support</li> <li>• Educational materials about health topics, translated into multiple languages</li> <li>• Lifespan Community Health Institute</li> </ul>	<ul style="list-style-type: none"> <li>• Education to help patients understand available resources and services, as well as the benefits of risk factor management</li> <li>• Assistance with referrals to primary care</li> <li>• Raise awareness of biometrics to enable patients to self-manage</li> <li>• Education for youth on safe sex practices and health practices</li> </ul>	<ul style="list-style-type: none"> <li>• Community organizations that host events</li> <li>• Community organizations that deliver education, e.g., Conexion Latina Newport, Planned Parenthood</li> </ul>
3.2 Provide Tar Wars programming for youth across service area.	<ul style="list-style-type: none"> <li>• Financial support</li> <li>• Facility space</li> <li>• Professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Access to group education and peer support in familiar and accessible settings</li> <li>• Skill-building for long-lasting behavior change</li> <li>• Reduced initiation of tobacco products</li> </ul>	<ul style="list-style-type: none"> <li>• Community organizations that host and help promote the events</li> </ul>
3.3 Provide Safe Sitter programming for youth across service area.	<ul style="list-style-type: none"> <li>• Financial support</li> <li>• Facility space</li> <li>• Professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Access to group education and peer support in familiar and accessible settings</li> <li>• Skill-building for long-lasting behavior change</li> <li>• Fewer unintentional injuries among youth</li> </ul>	<ul style="list-style-type: none"> <li>• Community organizations that host and help promote the events</li> </ul>

<p>3.4 Employ a bilingual Community Health Worker to connect growing Spanish-speaking population with prevention, screening and treatments services provided by the hospital.</p>	<ul style="list-style-type: none"> <li>• Financial support for Community Health Worker</li> <li>• Participation in state planning efforts to grow and strategically deploy the Community Health Worker workforce</li> </ul>	<ul style="list-style-type: none"> <li>• Advance health equity when implemented among populations who often have lower screening rates and/or experience greater health disparities, including people from historically disadvantaged racial and ethnic populations and people with lower incomes</li> <li>• Help patients overcome barriers to accessing screening services.</li> <li>• Increase cancer screening rates</li> <li>• Client reminders, reduced structural barriers or improved assistance getting around them, reduced out-of-pocket costs, or a combination of these services</li> <li>• Access to one-on-one or group education</li> <li>• Culturally and linguistically appropriate care</li> <li>• Increased access to community-based services to manage health-related social needs</li> </ul>	<ul style="list-style-type: none"> <li>• Community Health Worker Association of Rhode Island</li> <li>• Community Health Worker training programs</li> <li>• Rhode Island Certification Board</li> <li>• Rhode Island Department of Health</li> <li>• Rhode Island Executive Office of Health and Human Services</li> <li>• Community organizations that provide services to address social determinants of health</li> </ul>
<p>3.5 Partner with community organizations to provide education to prevent child, elder, domestic and sexual abuse.</p>	<ul style="list-style-type: none"> <li>• Lifespan Community Health Institute staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Access to one-on-one or group education</li> <li>• Increased access to community-based services to manage health-related social needs</li> <li>• Culturally and linguistically appropriate care</li> </ul>	<ul style="list-style-type: none"> <li>• Aldersbridge Navigator</li> <li>• Community organizations that help by hosting and promoting the events</li> </ul>
<p>3.6 Incorporate suicide prevention in community lecture topics.</p>	<ul style="list-style-type: none"> <li>• Financial support</li> <li>• Professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Access to group education and peer support</li> <li>• Reduced rate of suicide ideation</li> </ul>	<ul style="list-style-type: none"> <li>• Community organizations that help promote the events</li> </ul>
<p>3.7 Continue to offer monthly community lecture series and Hour of Health radio program.</p>	<ul style="list-style-type: none"> <li>• Financial support</li> <li>• Facility space</li> <li>• Professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Access to group education and peer support in familiar and accessible settings</li> </ul>	<ul style="list-style-type: none"> <li>• 1540 WADK Radio</li> </ul>

		<ul style="list-style-type: none"> <li>• Skill-building for long-lasting behavior change</li> <li>• Improved health outcomes from adoption of health-promoting behaviors</li> <li>• Decreased incidence of overweight &amp; obesity and related chronic diseases</li> </ul>	
3.8 Run Health Matters column in local newspaper.	<ul style="list-style-type: none"> <li>• Professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Reliable access to health promotion information through the local newspaper</li> </ul>	<ul style="list-style-type: none"> <li>• Newport Daily News</li> </ul>
3.9 Incorporate LGBTQ+ education topics, inclusive of transgender healthcare, in community education series.	<ul style="list-style-type: none"> <li>• Financial support</li> <li>• Professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Access to group education and peer support</li> <li>• Improved access to care, healthy and safe environments for LGBTQ+ and transgender residents</li> </ul>	<ul style="list-style-type: none"> <li>• Community organizations that help promote the events</li> <li>• Newport Health Equity Zone</li> </ul>
3.10 Create more social media and web-based patient education on topics to promote healthy living and safety at home.	<ul style="list-style-type: none"> <li>• Lifespan Community Health Institute</li> <li>• Marketing &amp; Communications staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Improved health outcomes from adoption of health-promoting behaviors</li> <li>• Decreased incidence of overweight &amp; obesity and related chronic diseases</li> <li>• Increased access to community-based services to manage health-related social needs</li> </ul>	<ul style="list-style-type: none"> <li>• N/A</li> </ul>
3.11 Deliver healthy living and healthy eating programs in community settings.	<ul style="list-style-type: none"> <li>• NH staff support</li> <li>• Educational materials about health topics, translated into multiple languages</li> <li>• Lifespan Community Health Institute</li> <li>• Physician, nursing and professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Education to help patients understand the resources and services available, as well as the benefits of risk factor management</li> <li>• Assistance with referrals to primary care</li> <li>• Skill-building for long-lasting behavior change</li> <li>• Improved health outcomes from adoption of health-promoting behaviors</li> <li>• Decreased incidence of</li> </ul>	<ul style="list-style-type: none"> <li>• Community organizations that host events</li> </ul>

		overweight & obesity and related chronic diseases	
<b>Significant Health Need #4: Establish a Patient-Family Partnership</b>			
Actions Planned for Implementation	Resources Planned to Address Significant Health Need	Anticipated Impact on NH Community	Outside groups collaboration
4.1 Engage family partners to co-design patient waiting areas.	<ul style="list-style-type: none"> <li>• Lifespan Patient Experience Committee</li> </ul>	<ul style="list-style-type: none"> <li>• Improved patient and family engagement</li> </ul>	<ul style="list-style-type: none"> <li>• Patient and Family Partners</li> </ul>
4.2 Explore person-centered care through the Planetree model.	<ul style="list-style-type: none"> <li>• Financial support from NH</li> <li>• Physician, nursing and professional staff time</li> </ul>	<ul style="list-style-type: none"> <li>• Improved patient and family engagement, clinical outcomes, staff retention &amp; recruitment, and high value care</li> </ul>	<ul style="list-style-type: none"> <li>• Planetree</li> </ul>
4.3 Establish a mentoring program for high school and post-secondary students interested in health careers.	<ul style="list-style-type: none"> <li>• Human Resources staff</li> <li>• Lifespan Community Health Institute</li> <li>• Lifespan Cancer Institute staff</li> <li>• Workforce Development Program</li> </ul>	<ul style="list-style-type: none"> <li>• Improved workforce pipelines</li> </ul>	<ul style="list-style-type: none"> <li>• Local secondary schools, colleges and universities</li> </ul>
4.4 Continue to offer Project Search at NH.	<ul style="list-style-type: none"> <li>• Professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>• Job training and employment opportunities for individuals with cognitive and intellectual disabilities</li> <li>• Work experience combined with training in employability and independent-living skills to help young people with cognitive and intellectual disabilities transition to independent living</li> </ul>	<ul style="list-style-type: none"> <li>• Rhode Island Department of Human Services</li> </ul>
<b>Significant Health Need #5: Healthy Aging</b>			
Actions Planned for Implementation	Resources Planned to Address Significant Health Need	Anticipated Impact on NH Community	Outside groups collaboration
5.1 Promote the Transportation Implementation Grant program for Newport County to patients and staff who may qualify to participate.	<ul style="list-style-type: none"> <li>• NH participation in collaborative project to provide transportation for seniors from Newport public housing sites to</li> </ul>	<ul style="list-style-type: none"> <li>• Greater mobility for the aging population to improve socialization, appointment attendance, fitness classes, etc. to improve quality of life</li> </ul>	<ul style="list-style-type: none"> <li>• Age Friendly RI, Rhode Island Public Transit Authority, Looking Upwards, Newport for All Ages</li> </ul>

	Edward King House for meals, programming, appointments, shopping, etc.		
5.2 Pilot Nesterly, a program that pairs a young person to live with and assist an elder so they can stay in their home.	<ul style="list-style-type: none"> <li>NH staff to collaborate with Aldersbridge Navigator, a non-profit, to provide wide array of services for seniors</li> </ul>	<ul style="list-style-type: none"> <li>Increase affordable housing security (ageing in place), reducing dependence on costly congregate care</li> <li>Aldersbridge can also help seniors address significant issues of aging e.g., transportation, legal, Meals on Wheels, emergency response, etc.</li> <li>Address the growing shortage of available caregivers</li> <li>Diminished social isolation among participating seniors</li> </ul>	<ul style="list-style-type: none"> <li>Age Friendly Rhode Island, Nesterly, Aldersbridge Navigator</li> </ul>
5.3 Offer breast and cervical cancer screening for women ages 40+ and include partners like Conexion Latina Newport to recruit participants.	<ul style="list-style-type: none"> <li>Financial support from NH to assist with transportation</li> <li>Lifespan Cancer Institute</li> <li>Facility space</li> <li>Physician, nursing and professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>Early detection of breast &amp; cervical cancer for under/uninsured population</li> <li>Cancer prevention education, screening, and linkage to appropriate follow-up care</li> </ul>	<ul style="list-style-type: none"> <li>Community organizations that help promote the events, e.g., Conexion Latina</li> <li>Rhode Island Department of Health</li> </ul>
5.4 Finalize and distribute a resource guide of essential services for seniors.	<ul style="list-style-type: none"> <li>Lifespan Community Health Institute</li> <li>Professional staff support</li> </ul>	<ul style="list-style-type: none"> <li>Increased autonomy among seniors</li> </ul>	<ul style="list-style-type: none"> <li>Community organizations that provide services to seniors, e.g. Newport for All Ages, Newport Partnership for Families</li> </ul>
5.5 Promote the Lifespan Pharmacy drug take-back program.	<ul style="list-style-type: none"> <li>Lifespan Pharmacy</li> </ul>	<ul style="list-style-type: none"> <li>Increase safety for seniors and their caregivers at home</li> <li>Reduce opportunities for accidental drug exposure/overdose</li> </ul>	<ul style="list-style-type: none"> <li>N/A</li> </ul>
5.6 Raise awareness of Lifespan Pharmacy services for the public, including home delivery service.	<ul style="list-style-type: none"> <li>Lifespan Pharmacy staff support</li> </ul>	<ul style="list-style-type: none"> <li>Patient convenience to ensure that patients have</li> </ul>	<ul style="list-style-type: none"> <li>N/A</li> </ul>



	<ul style="list-style-type: none"> <li>• Marketing &amp; Communications staff support</li> </ul>	<p>required medications upon discharge, potentially lowering readmissions</p> <ul style="list-style-type: none"> <li>• Convenience of home delivery and 3-month supply of medications</li> <li>• Improved medication adherence</li> </ul>	
5.7 Create more social media and web-based patient education on topics to promote healthy living and safety at home.	<ul style="list-style-type: none"> <li>• Financial support from NH</li> <li>• Information Services staff support</li> <li>• Marketing &amp; Communications staff support</li> <li>• Lifespan Community Health Institute</li> </ul>	<ul style="list-style-type: none"> <li>• Improve patients' access to health promotion and disease self-management materials</li> </ul>	<ul style="list-style-type: none"> <li>• N/A</li> </ul>

## Conclusion

This Newport Hospital Implementation Strategy report was authorized and approved by the Newport Hospital Board of Trustees on March 14, 2023.

NH will document progress on the implementation strategies presented as part of its commitment to the community it serves each year in its Form 990 tax return filings as required by the IRS. NH appreciates the continued support of its partners, recognized below, which help it meet the health care needs of Rhode Islanders. Questions or comments on the NH CHNA or Implementation Plan may be submitted to:

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