



# COAST CLINIC at Bradley Hospital

*Made possible by CVS Caremark Charitable Trust*

Communication, Occupational and Sensory Treatment



## About Our Clinic

The Communication, Occupational and Sensory Treatment (COAST) Clinic at Bradley Hospital offers comprehensive evaluation and treatment for children and adolescents who have difficulty participating in age-appropriate activities due to physical, neurological, cognitive, behavioral, communication and/or sensory processing challenges. Our occupational therapists and speech-language pathologists will work with each child and family to create an individualized program to meet the child's specific needs.

## When to Call

The COAST Clinic offers evaluation and treatment for children and adolescents who experience challenges that affect the following areas:

- Completion of self-care activities such as bathing, dressing or brushing teeth
- Participation in daily home activities, including morning and bedtime routines
- Mealtime skills, including self-feeding, using utensils, food repertoire, and safe chewing and swallowing
- Delays in meeting developmental milestones
- Alterations in fine and gross motor development that affect coordination, strength, endurance and body awareness
- Ability to communicate purposefully and intentionally
- Difficulty with social participation skills such as play, turn taking, or following routines and directions
- Poor attention/impulsivity
- Challenges with self-regulation

## The children we treat may have:

- Sensory processing difficulties
- Autism spectrum disorders
- Intellectual disabilities
- Developmental delays
- Receptive and expressive language disorders
- Motor speech disorders/apraxia
- And many more



## Expertise

The COAST Clinic includes certified and licensed occupational therapists and speech-language pathologists who specialize in working with children and adolescents who have sensory processing difficulties and/or communication disorders. We stress a collaborative approach that involves family and caregivers in identifying functional goals and developing individualized strategies to promote generalization into the child's natural environment.

Our staff is experienced in working with a broad spectrum of behaviors, from severely challenging to more specific sensory processing issues.

## Facilities

- Sensory rooms with an array of sensory-based equipment (padded surfaces, gross and fine motor games and suspended swings)
- Fully equipped therapeutic kitchen
- Video equipment that enables parents in the waiting room to observe their child's session using equipment that assures privacy and confidentiality





## Treatment Services

- Occupational therapy evaluations and treatment.
- Speech-language evaluations and treatment.
- Working with parents or primary caregivers to increase their understanding of a child's sensory system and offering strategies and adaptations to encourage progress and success.
- Establishing a treatment program designed to enhance functioning in home and community environments through successful participation, self-help and play/leisure activities.
- Tailoring treatment to meet the functional goals for each child.

# Philosophy

We provide collaborative, family-centered, functional therapy to children and adolescents experiencing a sensory processing disorder and/or a communication disorder. We treat each child as an individual and tailor treatments to meet the needs of each patient. We deliver quality assessment and treatment services by engaging our patients' caregivers in every aspect of treatment and by stressing a collaborative approach between occupational therapists and speech-language pathologists.



## To Learn More

To learn more or to make a referral please call the clinic at 401-432-1119 or visit our website at [lifespan.org/coastclinic](http://lifespan.org/coastclinic).



## About Bradley

Bradley Hospital is the nation's first psychiatric hospital devoted exclusively to children and adolescents. A Lifespan partner and a major teaching affiliate of The Warren Alpert Medical School of Brown University, Bradley Hospital has established itself as a national center for training and research in child and adolescent psychiatry. Bradley provides services to children and adolescents who need various levels of care including outpatient, inpatient, and partial-day programs. Bradley uses the most current methods to understand and treat social, emotional, and behavioral challenges.

Bradley Hospital is a private, not-for-profit hospital and also operates the Bradley School, a fully certified special education school. Please visit [bradleyhospital.org](http://bradleyhospital.org) for more information.





## About Lifespan Mental Health Services

Lifespan, through its partner affiliates – Rhode Island Hospital and its Hasbro Children’s Hospital; The Miriam Hospital, Bradley Hospital, the nation’s first psychiatric hospital for children; Newport Hospital, and Gateway Healthcare, the state’s largest provider of community behavioral health care – is dedicated to being at the forefront of innovation in psychiatry and behavioral health for people of all ages. Affiliated with The Warren Alpert Medical School of Brown University, our teaching hospitals are the school’s largest contributor to psychiatry and behavioral science education and research, making us national leaders in the generation of new treatments. As the largest provider of the full spectrum of psychiatric and behavioral health services in southern New England, Lifespan is also committed to the integration of behavioral health with medical care, and to the pursuit of a comprehensive model for mental health that includes and integrates the biological, psychological and social dimensions of care.





# Bradley Hospital

*Lifespan. Delivering health with care.®*

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[www.BradleyHospital.org](http://www.BradleyHospital.org)

A MAJOR TEACHING AFFILIATE OF THE WARREN ALPERT MEDICAL SCHOOL OF BROWN UNIVERSITY